

PUKEKO PAGES – JANUARY 2016

The official Newsletter of the Waikanae Golf Club Inc.

Editor – tony.parrett1@gmail.com



FROM THE CHAIR

BENEFITS OF MEMBERSHIP: Promptly renewing your membership by the due date (29 February) is a good thing. Here are just a few of the benefits of our Club membership:

- A well-laid out and maintained parkland golf course;
- An official NZGA handicap, up-dated fortnightly;
- A club that values traditions yet is progressive in its views;
- Discounted membership rates and a coaching program for junior golfers;
- Club café, bar and lounge to relax in with friends after golf;
- Well-stocked golf shop;
- Resident professional/coach available for individual or group lessons;
- Online tee booking;
- Cart and trundler hire available;
- Practice facilities;
- Well run golf competitions for players of all abilities;
- Opportunity for inter-club representation;
- Reciprocal golf at selected sister courses;
- Eligibility for affiliated green fee rates at other NZ courses;
- There are flexible options to help members to meet their subscription payments;
- Excellent Website and Monthly Newsletter to keep members informed of Club activity.

So please don't be a late payer or one who needs chasing up.

WELCOME TO OUR NEW CATERERS – PARTY PERFECT



Jeanine



Juanita



Heenie



Tai

The club welcomes its new caterer Jeanine, who will operate her catering business ‘Party Perfect’, from the Club’s kitchen and provide a catering service to meet members’ requirements. The Club is very keen that this relationship will become a success and asks members to support the renamed café (“Par Tee”) with their custom.

SUMMER GREEN FEES: The great weather over the holiday period has been a factor in the green fee receipts being very healthy. Strong green fee revenue at this time of year is critical to the Club’s cash-flow situation. I thank members for their tolerance during this busy time and can report that there were no instances that called for assertive actions by Club management to overcome miscreant behaviour and no matters requiring more than a cursory, corrective intervention. Thanks especially to the shop proprietors for their efforts in this regard....**Ed Isaac, Chairman**

CAPTAIN’S REPORT and the GREEN’S COMMITTEE REPORT

Well here we are again. We have got our golf course back from the holiday makers and the new season is under way. Over the holiday period as the sun shone, the till in the shop was red hot and I can report that our Treasurer, Cookie, is all smiles. Though there may be some resentment in some corners for the intrusion from green fee payers over this period it is an essential source of revenue that the club cannot do without.

On the playing front, congratulations go to Roger Broadbelt who won the first Sunday competition of the year, the Summer Cup. I’d also like to thank Roger for replacing the flooring in the shop, it looks real classy!

The Interclub season is just beginning with the Men entering three teams and the ladies, one Pennants team and one Tuakana team. The 9 Hole men have been canvassing support around the clubs to see if there is an appetite for an Interclub set-up for them. Both Otaki and Kapiti have shown interest so watch this space for further news on that front. Good luck to all of you who are representing Waikanae in these competitions, “May the rub of the green always be in your favour”

The final numbers for the NZ Senior Open didn’t make 200 as anticipated by NZ Golf, so we have been stood down from co-hosting this event in February. I will be asking NZ Golf however, if we may be considered for a National Competition in the future. This type of event raises the profile of the club both locally and nationally.

The Waitangi Day competition is full steam ahead on Saturday 6th February. It's a mixed event with pairs of men, women and mixed all having prizes up for grabs. The list is filling up and is in the shop. \$5 entry - it's a bargain!

Now, moving to the Green's Committee, the course remains in excellent condition with Andy and his merry men coping with the weather very well indeed. Some of the more wayward golfers may have found yourselves in some particularly long rough around the place, notably below the 16th tee when playing 15 or below the 7th tee block, these aren't being neglected, both have fairly new grass planted and to cut it too short now would kill it. Some of you will have noticed that some of the willow trees around the course didn't cope at all well with the weather and storm recently. The Greens staff have tidied up the mess but, as I now know, willows have a relatively short shelf life and as they were all planted around the same time, about 40 years ago, there will in all likelihood be more tree casualties around the place in the future, when the weather gets going. Some of the willows are due for removal in the Course Development Plan but there are others that will need to be attended to as well.

The fence alongside the 6th green is now up and running. I hope at least a few of you have tested it, just for quality control, naturally! And remember "A good game's a quick one"

STOP PRESS!!

I have just learnt that on Saturday 30th Jan, 11 year old **Harry Ward** made his debut for the Men's Interclub teams and had a convincing 3 and 1 victory over his Judgeford opponent, played on the Judgeford course. For those of you who may not be too familiar with Men's Interclub rules, matches are played 'Off the Stick' with no handicap allowance and away victories are priceless.. Not surprisingly he was named Player of the Day. Well done Harry and his support crew....**Cliff Martin, Club Captain**

MID WEEK MEN

The first competition of the year was on Monday 11 January with Kapiti Vets being played at Waikanae. It was a very warm day and the scores showed that the course was playing well. Waikanae scooped the pool with the first 9 players being from the Host Club. The leader, a "man amongst men" was Graeme Wallis with a stableford score of 45!! Following closely was Kaye Mitchell on 44 and Andy Provan on 43. Peter Fairfield (41), Mike Rodgers (40), Steve Scott (40), Roy South (40), Tom Royden (39) and Gary Story (38) were at the winners table before the first of the visitors were allowed to venture up. Although the visitors did not do too well, there were many favourable comments regarding the state of the course.

Opening Day was attended by 49 players. The forecast was a bit gloomy but everybody got around without getting wet. To make a bit of a difference the playing groups were chosen by a disc draw. This proved popular and really mixed the playing groups up. The competition was a stableford with hidden hole bonuses. The Convenor (Gary Story), who's idea this was, thought it was an inspired choice as he came out on top with a score of 51 with 43 original stablefords and 8 additional points for the hidden holes. John McKechnie followed closely with 50 with 42 original stablefords and 8 additional points - a very successful start to 2016!

On 19 January, 41 players enjoyed a Par competition. The joint winners on +3 were Oliver Son and Kevin Woodley (first mention in these pages for a long time!). Peter Knight, Mike Casey, Graeme Ludemann and Graeme Wallis all finished on +2. Not a large turnout as the weather forecast was not good., however, most players got around dry. Once again, the course was in great order.

A particularly warm day greeted 59 competitors on 26 January for a stableford competition. Terry Jones cleaned up with 43 stableford points followed closely by Malcolm Catterall on 42. The others in the 40's were Tom Royden on 41 and Don Vautier on 40.

With a new Captain (Bernie the Aussie) there were exceptional things expected from the Evergreens team this year. However, due to weather conditions the first round has been postponed for a week. The exploits, when they happen, will be included in the February update....**Kevin Woodley... for Mid Week Men**

WOMEN'S GOLF

It's hard to believe that the summer "off season" is over and that the 2016 golfing year is in full swing. We were fortunate to enjoy a wonderful summer with the course in stunning condition, which resulted in some amazing scoring over the two month summer season. Our thanks go to the ground staff and to all the volunteers who did such a great job over the holidays.

The Summer Cup, which comprises the best aggregate of 3 net rounds, was a tightly contested event and was won by Janet Strand (213), with the runner-up being Jean McAlister (214) on a countback from Jenny Shirley. The Summer Eclectic was won by Ann Hanlon with a net 46 followed by Ruth Scott and Betty Colligan both on 47. Thirty five players took part in the event, which was an excellent turnout.

The Pennant season has also commenced with our Saturday Tuakana team being well beaten in their first match last Saturday against Kapiti at Kapiti. Our only other team, the Division 2 Midweek team, start their competition in mid February. Fortunately WGI seem to have taken some notice of our plea not to have to travel to the Wairarapa, as all our matches will be played this side of the 'hill' this season.

The Amorangi Cup, originally scheduled to be played at Paraparaumu, is now to be played at Waikanae in mid February. Teams of six players from the six clubs between Otaki and Judgeford compete in an annual stableford competition and we are hoping that home course advantage will pay dividends.

The new Women's Committee has had its first meeting and we hope that we can run an enjoyable and 'issue free' golfing year for the women members.

We encourage any members who have suggestions, queries and even criticism to address these to the committee....**Rae Henderson, Women's Captain**

9 HOLE WOMEN'S

Looking at the state of my lawn I can only marvel at the amazing course condition our green staff have achieved during the summer months - fairways, rough and aah! those marvellous, consistent, manicured greens.

Congratulations, gents. This has undoubtedly contributed towards the low scoring tussle of our Summer Competition, for which we had 17 entries... a good number for a holiday season. The competition ended this week and Linda Hair won, managing to hold off a last minute dash up the board by Heather Peters and strong competition from Caryll Hewson and Nedra Shand.

Our Opening Day is on Monday and heralds a busy start to the year, and February brings the start of our interclub competition. This year Margaret Walton is our captain, with Heather Peters keeping her on the straight and narrow....Good luck, Heather! Margaret tells me she has a good number of willing players champing at the bit with the first game scheduled for this week at Pauatahanui.

Several of our members are looking forward to joining in the Waitangi Day club competition and the Amorangi Iwa competition at Kapiti. We all enjoy the opportunity afforded by local competitions to play different courses and show off our own to others.

Joy Berry and I are continuing this year as co-convenors of the 9 hole women's group, with Dianne Braddock and Nedra Shand on the committee. The four of us appreciate the fact that it has never been difficult to find people in our friendly group ready to take on one-off jobs to ease the committee's burden and I am sure this year will be no different. Thank you in advance to you all and here's to another year of good, sociable, sometimes exasperating, sometimes exhilarating golf!....**Judy Stevenson for 9 Hole Women**

JUNIOR GOLF

KAPITI MCDONALD'S JUNIOR GOLF TOURNAMENT 2015

Following on from the success of its inaugural event held in 2014 where it attracted 36 juniors, the 2nd Kapiti McDonald's Junior Interclub Golf Tournament was recently held at the Waikanae Golf Club attracting close to 50 juniors, all of them members of the four Kapiti Coast clubs – Waikanae, Paraparaumu Beach, Kapiti and Otaki. Aged from 4 to 18, they ranged in ability from beginners to top juniors, with several of them now being members of Wellington Golf's Golf Academy.

The event proved to be a huge success, with young golfers with a variety of abilities and experience coming together to represent their respective clubs. Prizes were awarded for Individual Gross and Stableford, as well as the real young kids competing in an Ambrose Team, with the overall Trophy being awarded to winning Club with the highest calculated points divided by the number of team members - making it totally fair for all of the clubs.

Local Golf Professional, Kevin Smith, said it had received great support from local businesses, in particular, Andre and Leoni Du Preez, owners of the State Highway 1 and Coastlands Shopping Mall Kapiti McDonald's, who provided financial support as well as certificates and vouchers for the players. They also donated a striking trophy to be presented to the winning club at the Tournament. In 2016 it will be developed into a 'FedEx type Cup' where the four clubs will host a similar event during each of the school holidays, with the final event once again being staged at the Waikanae Golf Club. The winning club will take home the newly named Kapiti McDonald's Junior Series trophy. During the day the kids were treated and entertained by Ronald McDonald as well as local All Black Legend Christian Cullen. Ronald also presented the kids with Kapiti McDonald's certificates as well as their much deserved trophies and prizes.

Winners on the day were:

Brady Bernard (Paraparaumu) best 18 Hole best Gross for the second year in a row, with his teammate Louise Jones winning the 18 Hole Stableford.

Thomas McGregor (Paraparaumu) had a great day winning both the best 9 hole Stableford along with the best 9 Hole Gross.

The best 9 Hole Gross for girls was won by Samantha Field (Waikanae)

The younger golfers played an Ambrose event, which was won by the Waikanae Golf Club team.

The Kapiti McDonald's Junior Interclub Committee would like to publicly thank the following sponsors:

Andre and Leoni Du Preez Kapiti McDonald's, WelPet, Waikanae New World, Golf Distributors, Wellington Eagles Golfing Society, Coastlands Cinema, Coastlands Swimming Pool, Waikanae Golf Club, Waikanae Golf Club Pro Shop.



The welcome to players and families



The WGC Winning Ambrose team



Samantha Field - best girls gross



Harry Ward putting out



Jaden Fearon a good swing

For the link to Dropbox where all the photos have come from - Down load Dropbox
Go to https://www.dropbox.com/sh/2581e9afegddyic/AAB_Hk8lUMsLiVQj2lNJ0l8Fa?dl=0

COACHING CORNER - Hands Split For No Flip!

Introduction

This month I'm going to introduce you to a training exercise I advise players use if they find they rotate their hands or scoop their wrists through impact.

In fact just recently I advised one of my young golfers to practice using it to help reduce his high draws, hooks and push shots. And since using it he now hits lower and straighter shots - a total success!

So I'm sure it will be for you too.

Two Scoops and a Hottie!



Pic 1: Poor Impact Scooping the Ball



Pic 2: Too Much Hand / Clubface Rotation

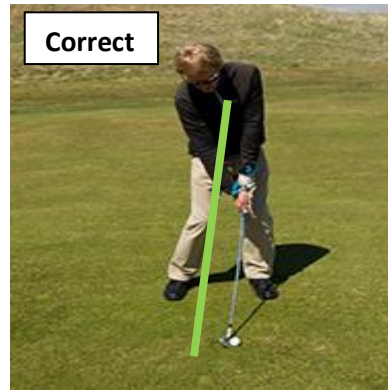
In pictures 1 & 2, I'm demonstrating what I see some golfers doing through impact, i.e. either 'scooping' their wrists or rolling their hands too much.

Both of these actions will cause several headaches, for example; topping the ball, hitting the ground behind the ball and as already mentioned, pushes and hooks!

Hands Split Drill



Pic 3: Hands Split



Pic 4: Ideal Impact

In pic 3 I'm demonstrating how I have my hands split on the golf club.

Whilst in pic 4 this is how it should look through impact, i.e. the arms and clubs still in line with absolutely no flip or rotation.

This will lead to much more consistent contact and improved ball flight control with a lot less undesirable shape!

Pic's 5 to 10: Swing Sequence using the Hands Split Drill

As you can see in these pictures not only is there no scoop or rotation through impact, but having the hands split also maintains width throughout the golf swing, with no getting narrow or 'stuck' during the forward swing which can encourage the hands to flip or rotate in an attempt to square the club off at impact.

At first this exercise may prove difficult, so to make it a little easier, start off by using a short iron and teeing the ball up. Then when you become more proficient at it, remove the tee and use a longer clubs like a 7 iron.



Pic 5:



Pic 6:



Pic 7:



Pic 8:



Pic 9:



Pic 10:

Have fun using this exercise....**Great golfing with Kevin Smith**

Health & Safety – Defibrillator Training

The Board wishes to invite Club members to attend a Defibrillator Training Session, held in the Members Lounge in the Clubrooms in March, this year.

Date = Weekdays only – date to be advised once numbers are confirmed.

Duration = 90 Minutes

Cost = A \$10 donation per person is required.

The training is aimed at saving the life of a fellow player through the use of the Club’s AED Defibrillator Unit, which was donated by Alan Power in 2013, and will be carried out by Wellington Free Ambulance Service.

This is an important opportunity for all members to be involved in what could be a lifesaving situation.

Please contact Marg to advise her of your interest.....**Tony Parrett, Editor**

Firewood Group

The dedicated and enthusiastic Firewood Group of volunteers started the 2015 year in January when Brian Cardiff donated several Japanese cherry trees, which he had felled on his property. Thank you for your generosity Brian, the subsequent resulting sales amounted to approximately \$1000.

Later in the year the club employed a contractor who along with Andy and his team cut and processed a total of 23 pine trees which had become a health and safety hazard to golfers.

Throughout the rest of the year the group chain sawed, split and delivered some 40 more Ute loads of wood which resulted in further sales of \$4000 to the club. This combined with the 2014 sales of \$6,000 now brings the total revenue earned from this venture to \$11,000.

A large amount of uncut timber remains on site and the team will continue to process this on a weekly basis throughout 2016.....**Alan Power for the Firewood Group.**

FIREWOOD

There is a scarcity of felled timber in the region but there are plenty of dry pine logs for sale from your own golf club.

\$95 per ute load (\$105 for non-members)

Delivered free in the Waikanae area

PHONE MARG FOR YOUR ORDERS ON 293 6399